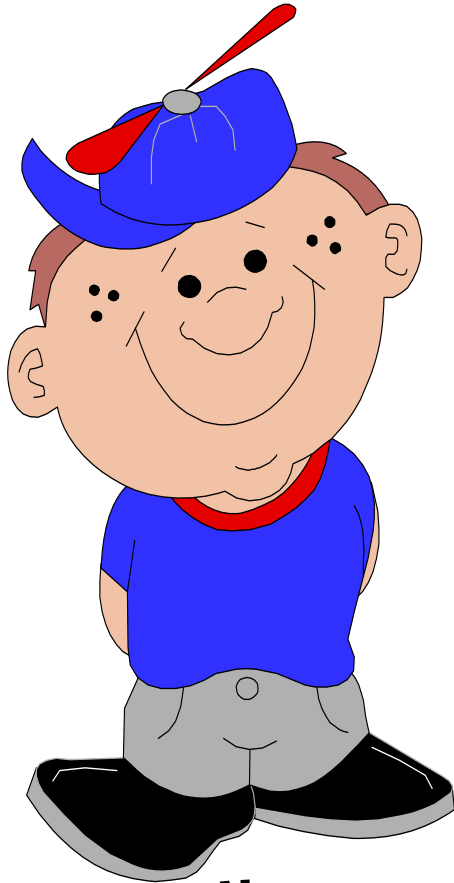



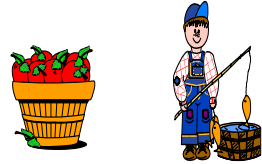



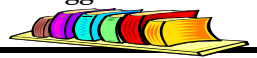












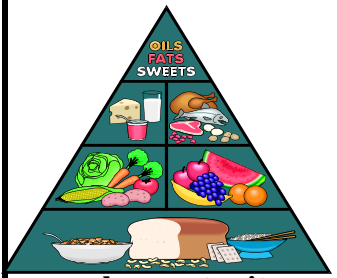

JANUARY 2006

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Middle School



**It's a New Year
Think Healthy !!!**

| SERVED DAILY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|--|
| WEEK 1 Sandwich  | 2  NO SCHOOL | 3 MAX DOUBLE STUFF CHICKEN STRIPS CORN DOG Fresh & Canned Fruit Fresh Veggies | 4 YOGURT W/ FRUIT BAR CHICKEN SANDWICH BURRITO Fresh & Canned Fruit Fresh Veggies COOK'S CHOICE DESSERT  | 5 CRISPY CHICKEN SALAD PIZZA HAM & CHEESE MELT Fresh & Canned Fruit Fresh Veggies  | 6 Fruit Veggie Cheese Stix PLATTER HOT POCKET TUNA SANDWICH Fresh & Canned Fruit Fresh Veggies COOK'S CHOICE DESSERT |
| WEEK 2 Healthy Choice  | 9 RAVIOLI COTTAGE CHEESE W/ Fruit Platter CHICKEN STRIPS Fresh & Canned Fruit Fresh Veggies COOK'S CHOICE DESSERT | 10 YOGURT Fruit Bar W / CHEESE HAM & CHEESE SAND CHICKEN NUGGETS Fresh & Canned Fruit Fresh Veggies  | 11 TURKEY CHEESE MELT SPAGETTI EGG/FRUIT/ CHEESE/ STIX Fresh & Canned Fruit Fresh Veggies COOK'S CHOICE DESSERT  | 12 CRISPY CHICKEN SALAD PIZZA SPLIT PEA SOUP Fresh & Canned Fruit Fresh Veggies  | 13 TUNA SANDWICH CHEESE DOG EGG SANDWICH Fresh & Canned Fruit Fresh Veggies COOK'S CHOICE DESSERT  |
| WEEK 3 Sandwich  | 16  NO SCHOOL  | 17 CHEESE BURGER CHICKEN STRIPS MALIBU CHICKEN Fresh & Canned Fruit Fresh Veggies | 18 FRUIT & CHEESE Platter CHICKEN SOUP CHICKEN SANDWICH Fresh & Canned Fruit Fresh Veggies COOK'S CHOICE DESSERT  | 19 SOUP & SANDWICH PIZZA CHEF SALAD Fresh & Canned Fruit Fresh Veggies  | 20 FISH SANDWICH TURKEY BACON WRAP HOT POCKET Fresh & Canned Fruit Fresh Veggies COOK'S CHOICE DESSERT |
| WEEK 4 Healthy Choice  | 23 PIZZA LOG CHICKEN STRIPS FRUIT & VEGGIE Platter Fresh & Canned Fruit Fresh Veggies COOK'S CHOICE DESSERT | 24  CHEF SALAD DELI SANDWICH HOT POCKET Fresh & Canned Fruit Fresh Veggies | 25 YOGURT / Fruit Bar & Cheese Stix CHICKEN NUGGETS Grilled CHEESE Fresh & Canned Fruit Fresh Veggies COOK'S CHOICE DESSERT | 26  Meaty Bean Dip w/ Chips PIZZA CHEF SALAD Fresh & Canned Fruit Fresh Veggies | 27 DEVILED EGGS w/ Fruit & Cheese CHILI & NACHOS TUNA SANDWICH Fresh & Canned Fruit Fresh Veggies COOK'S CHOICE DESSERT |
| WEEK 5 Sandwich  | 30 TUNA SANDWICH CHICKEN STRIPS CHEESEBURGER Fresh & Canned Fruit Fresh Veggies COOK'S CHOICE DESSERT | 31 MAX DOUBLE STUFF CHICKEN PATTIE w/ mashed Potato POTATO SOUP Fresh & Canned Fruit Fresh Veggies |  |  | |

The USDA and the STATE OF OREGON are an equal opportunity provider and employer