



Oregon School Boards Association Preferred Provider Plan

This chart is a brief summary of your benefits under this plan. Your benefit booklet will give you a more complete description of your plan. A copy of this is available from your school district's group administrator. A special feature of your coverage is its "hold harmless" clause. Basically, this clause guarantees you that participating providers (available on our web site) will not charge you beyond the fee upon which we base our payment. Of course, any applicable deductible and coinsurance will continue to apply. Providers who are not participating, however, may bill you for any balances over our payment level. All services and supplies described below must be medically necessary and all payments are based on eligible charges for such services and supplies.

Benefit Features	Preferred Provider Benefit	Non-Preferred Provider Benefit
Lifetime maximum benefit	\$2,000,000	
Individual deductible per calendar year (separate from prescription medications)	\$100	\$200
Maximum family deductible per calendar year	\$300	\$600
We pay 90% or 70% of covered expenses up to this amount after the deductible	\$5,000	
Your maximum medical out-of-pocket per person per calendar year (10% or 30% coinsurance) including deductible	\$600	\$1,700
After your maximum medical out-of-pocket is met each calendar year, we pay	100% after applicable copayment	
Please note: Covered expenses paid at 100% and copayments do not accumulate towards your maximum out-of-pocket. Copayments will continue to be collected after your maximum out-of-pocket has been reached.		
Preventive Care Services¹ (up to \$500 per calendar year)	Deductible Waived - We Pay	
Well-baby care to age 2	100%	
Immunizations all ages	100%	
Routine physical exams including related lab and X-ray	100%	
Annual women's exams including Pap and mammogram (not subject to \$500 maximum)	100%	
Professional Services	After Deductible - We Pay	
Office visits	90%	70%
Lab and X-ray services	90%	70%
Allergy shots and other therapeutic injections	90%	70%
Outpatient Mental Illness/Chemical Dependency ¹	90%	70%
Maternity care	90%	70%
Surgery	90%	70%
Hospital Services		
Inpatient hospital stay including rehabilitation or mental illness/chemical dependency ¹	90%	70%
Maternity hospital stay	90%	70%
Intensive Care Unit	90%	70%
Outpatient day surgery	90%	70%
Emergency room care (copayment waived if admitted)	90% after \$100 copay	70% after \$100 copay
Other Services		
Ambulance	80%	
Rehabilitation including Occupational, Speech, and Physical Therapy ¹	80%	
Additional accident (deductible waived for 90 days from injury date)	90%	70%
Outpatient Durable Medical Equipment and Supplies	90%	70%
Prescription Medications – Retail and Mail Order¹	Preferred Brand and Generic Medications	Non-Preferred Brand Medications
Individual deductible per calendar year (no family maximum)	\$50	
We pay this percentage of covered expenses	80%	50%
Individual prescription medication out-of-pocket limit per calendar year including deductible (separate from medical)	\$1,050	
After your maximum prescription medication out-of-pocket is met each calendar year, we pay	100%	

¹Limits may apply, please refer to the **Limitations And Exclusions** on page 2.



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Limitations and Exclusions

This is a benefit summary only. For a complete list of benefits and the limitations and exclusions that apply to them, please refer to the benefits booklet.

Preventive Care Schedule	
Well-baby Care*	
Newborn	Nursery care, including initial exam
First two years	7 well-baby exams
Immunizations* (Not covered for travel or passport purposes)	
All ages	As recommended by provider
Physical Exams*	
Age 2-6	Every year
Age 7-18	Every 2 years
Age 19-34	Every 4 years
Age 35+	Every 2 years
Women's Exams	
Annual breast & pelvic Mammograms	Every year
Age 35-40	Once during this time
Age 40+	Every year
*Preventive Care services paid 100% up to \$500 per calendar year	

These Pharmacy Benefits Are Limited

- The maximum quantity for pharmacy purchased medications is 34-day supply at retail pharmacy, 90-day supply through mail order. Some medications may be limited by quantity rather than day supply.
- Some medications may require preauthorization by the health plan.
- Compound medications are only covered when one ingredient is a federal legend or state restricted medication.

These Pharmacy Benefits are Not Covered

- Oral and injectable impotence medications, infertility medications, and experimental/investigational medications.
- Medications prescribed for cosmetic purposes (including, but not limited to Retin-A for anyone over 25 years of age, Renova, Lamisil, Sporanox, and topical minoxidil).

These Medical Benefits Are Limited

- We provide transplant coverage only to those who have been covered by us, or another insurer with similar transplant coverage, for a total of at least 12 months (or since birth), providing there is no lapse between the two coverages. Benefits are based on the recipient's eligibility, not the donor's.
- Inpatient rehabilitation benefits are limited to 30 inpatient days per calendar year. Inpatient rehabilitation benefits for head and spinal cord injuries or stroke are increased to 60 inpatient days per calendar year.
- Outpatient rehabilitation benefits are limited to 30 sessions per calendar year. Benefits are increased to 60 sessions per calendar year, for head and spinal cord injuries or stroke. Physical exercise programs are not included.
- Skilled Nursing Facility care is limited to 14 days. If authorized by the health plan, the benefit may be increased to 100 days.
- Home health care is limited to 180 visits per calendar year.
- Dental care is limited to the treatment of an accidental injury to natural teeth or a fractured jaw. Diagnoses must be made within 6 months and treatment within 12 months after the injury.

Mental Illness and Chemical Dependency Schedule*		
Mental Illness Treatment Setting	Adults	Children Up to 18
Inpatient Care	15 Days	16 Days
Residential/partial-hospitalization	17 Days	20 Days
Outpatient Care	34 Visits	34 Visits
Chemical Dependency Treatment Setting	Adults	Children Up to 18
Inpatient Care	13 Days	27 Days
Residential/partial-hospitalization	19 Days	26 Days
Outpatient Care	25 Visits	36 Visits
*Per 24 consecutive calendar months and subject to limitations designated under state and federal law.		

These Medical Benefits Are Not Covered

- Services provided by a member of the patient's immediate family.
- Charges in excess of the amount allowed according to the terms of the contract.
- Services or supplies that are not medically necessary.
- Naturopathy, faith healing services, and homeopathy, even when provided by participating providers.
- Services related to or supporting infertility, reversal of sterilization procedures, and impotence medications.
- Orthognathic surgery.
- Custodial care, personal hygiene, and other forms of supervised self-care.
- Services and supplies provided for obesity or weight reduction, including complications arising from such treatment.
- Chronic or long-term psychotherapy (defined as services provided in excess of crisis intervention or short-term therapy).
- Services or supplies for the treatment of personality disorders, paraphilia, or other gender identity disorders.
- Cosmetic/reconstructive services and supplies, including complications arising from such services, except for breast reconstruction following a mastectomy necessary due to illness or injury.
- Treatment(s), procedures, equipment, medications, devices, and supplies that are experimental or investigational.
- Appliances or equipment primarily for personal comfort or convenience, and therapeutic devices including eyeglasses and hearing aids.
- Services and supplies available in whole or in part under any city, county, state, or federal law.
- Routine physical, mental, eye, hearing examinations or eye exercises (except where specifically listed).
- Surgery to alter the refractive character of the eye.
- Self-help training or instructional programs (except where specifically listed).



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Toll-free, all areas 1 (800) 228-0978
TDD Line for people with hearing impairments 1 (800) 382-1003
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